

Day _____ of 100

Set Intention - Be In Action - Allow Miracles To Happen

Date ____/____/____

Today, I appreciate:

1. _____
2. _____
3. _____

My intention today is to **BE** this way(s) while creating my inspired life:
(sit with this for 17 seconds after writing)

Being Generous, Happy, Graceful, Calm, Focused, Fun, Loving, Confident, Courageous, Committed, Abundant, etc..

Today, I will make a difference for this person, group, or organization by doing this:

Think outside yourself and in the world of others

Yesterday's win was:

My 100 Day Goal is:

Today, the milestone I am in action and working on is:

Today, I will take action on the following items that fulfill on my milestones and 100 day goal.

#1. _____
Biggest Impact or Revenue Generating

#2. _____

#3. _____

What's at stake by **not** completing these?

Day Continued

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Today, I will ask for help with this from my higher power and be open to it looking different as to allow for magic and miracles to happen:

Today, I will share my intentions and or my 100 day goal with this person:

Write out the story of you accomplishing your intentions today. Write it as if you're sitting down at dinner with a friend describing what happened today and how you feel about it. Keep it general and not too detailed. Allow space for miracles and magic to happen. Let others help you.

Draw out what you will **feel** like at the end of today.



Close your eyes, set your intention, visualize yourself accomplishing your goal with ease, grace, and fun. Allow space for miracles to happen.

Sit quietly with this for 72 seconds.

Go be awesome and make a difference today!